Chameleons in the early Universe

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[General idea](#page-3-0)

Hyphotesis:

- Chameleon field as the inflaton
- There is some non-relativistic matter at the time of inflation

Question:

• What happens with n_s and r ?

[Chameleon field: Short review](#page-6-0)

Chameleon fields are scalar fields whose coupling to matter is such that its effective mass depends on the local matter density $^{\rm 1}.$

$$
S = S_{inf}[g_{\mu\nu}, \varphi] + \int d^4 \sqrt{-g} \mathcal{L}_m(\tilde{g}_{\mu\nu}, \psi) \tag{1}
$$

with²

$$
\tilde{g}_{\mu\nu} = F^2(\varphi)g_{\mu\nu}, \qquad F(\varphi) = e^{c\varphi/M_{Pl}}.
$$
 (2)

If we vary it w.r.t. φ , we get

$$
\Box \varphi = -\frac{dV}{d\varphi} - \frac{dF}{d\varphi} \rho_m = -\frac{dV_{\text{eff}}}{d\varphi}.
$$
 (3)

where

$$
V_{\text{eff}}(\phi) = V(\phi) + F(\phi)\rho. \tag{4}
$$

¹Khoury and Weltman [2004a,b.](#page-0-0)

²Hinterbichler et al. [2013.](#page-0-0)

[Conformal inflation](#page-8-0)

Conformal inflation: short review

Consider³

$$
S = \frac{1}{2} \int d^4x \sqrt{-g} \left[\partial_\mu \chi \partial^\mu \chi - \partial_\mu \phi \partial^\mu \phi + \frac{\chi^2 - \phi^2}{6} R - \frac{\lambda}{18} (\phi^2 - \chi^2)^2 \right].
$$
\n(5)

It is invariant under⁴

$$
g_{\mu\nu} \to e^{-2\sigma(x)} g_{\mu\nu}; \quad \chi \to e^{\sigma(x)} \chi, \quad \phi \to e^{\sigma(x)} \phi. \tag{6}
$$

Fixing the gauge

$$
\chi = \sqrt{6}M_{\text{Pl}}\cosh\frac{\varphi}{\sqrt{6}M_{\text{Pl}}};\quad \phi = \sqrt{6}M_{\text{Pl}}\sinh\frac{\varphi}{\sqrt{6}M_{\text{Pl}}}.\tag{7}
$$

We get

$$
S = \int d^4x \sqrt{-g} \left[\frac{M_{\rm Pl}^2}{2} R - \frac{1}{2} \partial_\mu \varphi \partial^\mu \varphi - \lambda M_{\rm Pl}^4 \right]. \tag{8}
$$

³Bars, Steinhardt, and Turok [2013;](#page-0-0) Kallosh and Linde [2013.](#page-0-0) ⁴It is also invariant under global $SO(1,1)$.

To have inflation we deform the $SO(1,1)$ symmetry keeping the local conformal invariance⁵

$$
V = \lambda f(\phi/\chi) \left[\phi^2 - g(\phi/\chi)\chi^2\right]^2.
$$
 (9)

Choosing $f(x) = 1$ and

$$
g(x) = \omega^2 + (1 - \omega^2) x^n , \qquad (10)
$$

we can have the Higgs potential at low φ values and inflation when $\varphi \to \infty$.

⁵RC and H. Nastase 2014

At
$$
\varphi \to \infty
$$
,

$$
V(\varphi) \simeq V_0 \left[1 - Be^{-\sqrt{\frac{2}{3}} \frac{\varphi}{M_{\text{Pl}}}} \right].
$$
 (11)

which implies

$$
1 - n_s \simeq \frac{2}{N_e}
$$

\n
$$
r \simeq 3(n_s - 1)^2 \simeq \frac{12}{N_e^2}.
$$
 (12)

For 50 e-folds, $n_s = 0.9600$, while for 60 e-folds $n_s = 0.9667$.

Sweet spot

[Attractors](#page-13-0)

Modified KG equation

At the time of inflation we have

$$
\rho_X = F(\varphi)\rho_m = \frac{F(\varphi)\rho_{m0}a_0^3}{a^3} \propto e^{-3N}F(\varphi). \tag{13}
$$

and radiation scales as

$$
\rho_{\rm rad} = \frac{\rho_{\rm rad,0} a_0^4}{a^4} \propto e^{-4N}.\tag{14}
$$

In terms of $N = \ln a$, the KG becomes

$$
H^{2}\frac{d^{2}\varphi}{dN^{2}} + \frac{1}{3M_{\rm Pl}^{2}}\left(\frac{3}{2}\rho_{X} + \rho_{\rm rad} + 3V\right)\frac{d\varphi}{dN} = -\frac{\rho_{X}}{F}\frac{dF}{d\varphi} - \frac{dV}{d\varphi} = -\frac{dV_{\rm eff}}{d\varphi},\tag{15}
$$

Since

$$
F(\varphi) = e^{c\varphi} \tag{16}
$$

and

$$
\rho_X = F(\varphi)\rho_m = \frac{F(\varphi)\rho_{m0}a_0^3}{a^3} \propto e^{-3N}e^{c\varphi},\qquad (17)
$$

If we find $\varphi = \varphi_i + kN$, it implies

$$
\rho_X \sim \text{const.} \tag{18}
$$

if $k = 3/c$.

Friedmann and Modified KG equations

Defining

$$
\Omega_X \equiv \frac{\rho_X}{3H^2M_{\rm Pl}^2}; \quad \Omega_{\rm rad} \equiv \frac{\rho_{\rm rad}}{3H^2M_{\rm Pl}^2}; \quad \Omega_{\rm kin,\varphi} \equiv \frac{\varphi'^2}{6M_{\rm Pl}^2} , \quad \Omega_V \equiv \frac{V}{3H^2M_{\rm Pl}^2} , \tag{19}
$$

The Friedmann equation,

$$
\Omega_X + \Omega_{\text{rad}} + \Omega_{\text{kin},\varphi} + \Omega_V = 1 , \qquad (20)
$$

which implies

$$
\frac{d\varphi}{dN} = M_{\rm Pl}\sqrt{6(1-\Omega_X-\Omega_{\rm rad}-\Omega_V)}.
$$
 (21)

The nontrivial equation is the KG equation, which becomes

$$
\frac{d^2\varphi}{dN^2} + \left(\frac{3}{2}\Omega_X + \Omega_{\text{rad}} + 3\Omega_V\right)\frac{d\varphi}{dN} = 3cM_{\text{Pl}}\Omega_X - \frac{1}{H^2}\frac{dV}{d\varphi},\qquad(22)
$$

Assuming that $\varphi = \varphi_i + kN$, and ignoring Ω_{rad} , implies

$$
3\left(\frac{1}{2}\Omega_X + \Omega_V\right)k = 3c\Omega_X - \frac{1}{H^2}V',
$$
\n
$$
\frac{k^2}{6} = 1 - \Omega_X - \Omega_V.
$$
\n(24)

Assuming now $V' \sim \tilde{\alpha} V_0$ and $H^2 \sim const$, implies

$$
\Omega_V \simeq \frac{1}{1 + \frac{\tilde{\alpha}/c}{1 - \frac{3}{2c^2}}} \bigg(1 + \frac{3}{2c^2} \bigg). \tag{25}
$$

$$
\Omega_V \simeq \frac{1}{1 + \frac{\tilde{\alpha}/c}{1 - \frac{3}{2c^2}}} \bigg(1 + \frac{3}{2c^2} \bigg). \tag{26}
$$

From Friedmann equation

$$
\Omega_X = 1 - \Omega_V - \frac{3}{2c^2} \ge 0 \Rightarrow \Omega_V \le 1 - \frac{3}{2c^2}.\tag{27}
$$

The results above implies

$$
\tilde{\alpha} \ge \frac{3}{c}.\tag{28}
$$

Typically

$$
\Omega_X \sim 10^{-4}, \quad \Omega_{\rm kin} \sim 10^{-5}, \quad \Omega_V \sim 1 - \Omega_X - \Omega_{\rm kin}.\tag{29}
$$

The numerical solution of

$$
\frac{d^2\varphi}{dN^2} + \left(\frac{3}{2}\Omega_X + \Omega_{\text{rad}} + 3\Omega_V\right)\frac{d\varphi}{dN} = 3cM_{\text{Pl}}\Omega_X - \frac{1}{H^2}\frac{dV}{d\varphi} \,,\tag{30}
$$

with

$$
V(\varphi) \simeq V_0 \left[1 - Be^{-\sqrt{\frac{2}{3}} \frac{\varphi}{M_{\text{Pl}}}} \right]. \tag{31}
$$

gives, in fact, an attractor.

Figure 1: Attractor is achieved after 20 e-folds.

Caution

- In usual inflation, the perturbations in the canonical scalar φ get mixed with the perturbations in the (scalar part of the) gravitational perturbations, leading to the Mukhanov-Sasaki equation for the combined variable $\varphi_k(\eta)$ (η is conformal time).
- We have, on the top of that, fluctuations on the original nonrelativistic particle density at the begining of the phase, $\rho_{m,0}$, as well as in principle fluctuations in the number of e-folds, $N(n)$, since $dN(\eta) = da(\eta)/a(\eta)$.
- This is not only more complicated, but also in principle model-dependent, as we need to explain the mechanism of production of $\rho_{m,0}$, that will be tied in with the mechanism for generating perturbations for them.

[Cosmological observables](#page-23-0)

$$
H^{2}\varphi'' + \left(\frac{1}{2}\rho_{X} + V\right)\varphi' = -\frac{d}{d\varphi}V_{\text{eff}}(\varphi, N) ,
$$

$$
\downarrow
$$

$$
H^{2}\varphi'' + V_{\text{infl}}\varphi' = -\frac{d}{d\varphi}V_{\text{infl}}(\varphi) ,
$$

• How do we choose $V_{\text{infl}}(\varphi)$?

A coarse description

• Solve

$$
H^{2}\varphi'' + \left(\frac{1}{2}\rho_{X} + V\right)\varphi' = -\frac{d}{d\varphi}V_{\text{eff}}(\varphi, N) ,\qquad (32)
$$

to get $V_{\text{eff}}(N)\Big|_{\text{att}} \equiv f(N).$

• Guess a potential $V_{\text{infl}}(\varphi)$ that after solving

$$
H^2 \varphi'' + V_{\text{infl}} \varphi' = -\frac{d}{d\varphi} V_{\text{infl}}(\varphi)
$$
 (33)

we get $V_{\text{infl}}(N) \equiv g(N) = f(N)$.

A coarse description

For

Figure 2: $c_1 = 1.256 \times 10^{-9}$, $c_2 = 0.04357$ and $q = 0.9375$. The relative is less than 1 percent.

A coarse description

Finally, using

$$
\epsilon = \frac{M_{\rm Pl}^2}{2} \left(\frac{V_{\rm infl}'(\varphi)}{V_{\rm infl}(\varphi)} \right)^2, \qquad \eta = M_{\rm Pl}^2 \frac{V_{\rm infl}''(\varphi)}{V_{\rm infl}(\varphi)},\tag{35}
$$

and then

$$
n_s = -6\epsilon + 2\eta + 1, \qquad r = 16\epsilon. \tag{36}
$$

For 50 e-folds we get

$$
n_s = 0.9807, \qquad r = 0.049, \tag{37}
$$

while for 60 e-folds

$$
n_s = 0.9829, \qquad r = 0.043. \tag{38}
$$

Final result

[Conclusion](#page-29-0)

- We have investigated the possibility that the inflaton in conformal inflation models is also a chameleon, coupling with some heavy non-relativistic particles present during inflation.
- The chameleon coupling leads to attractor solutions for the energy densities.
- A coarse treatment suggests that the values of the cosmological observables goes from the sweet spot of Planck data to almost out of the allowed region.

Questions?

Consider

$$
S(\phi) = c_1 \int d^4x (\eta^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - c_2 m^2 \phi^2).
$$
 (39)

In term of the modes,

$$
S(\phi) = c_1 \int dt (\dot{\phi}_k^2 - m_k^2 \phi_k^2), \qquad (40)
$$

where $m_k^2 = m^2 + c_2 \vec{k}^2$.

Remember $m_k^2 = m^2 + c_2 \vec{k}^2$.

(i) Normal healthy field has $c_1 = c_2 = 1$. Oscillatory type with usual boundary conditions

$$
\ddot{\phi}_k + m_k^2 \phi_k = 0. \tag{41}
$$

(ii)Tachyon has $c_1 = 1$ and $c_2 = -1$. For small momenta $m_k^2 < 0$,

$$
\ddot{\phi}_k - \omega_k^2 \phi_k = 0, \qquad \omega_k^2 = |m_k^2|.
$$
 (42)

Exponential solutions. If the particle moves faster than the speed of light we recover normal oscillatory solutions.

Remember $m_k^2 = m^2 + c_2 \vec{k}^2$.

(iii) Massive ghost has $c_1 = -1$ and $c_2 = 1$. It implies negative kinetic energy. Oscillatory equations. Problem arises only when coupled to other healthy fields.

(iv)Tachyonic ghosts has $c_1 = -1$ and $c_2 = -1$. All the problems associated to ghosts and tachyons.