Chameleons in the early Universe

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General idea



Hyphotesis:

- Chameleon field as the inflaton
- There is some non-relativistic matter at the time of inflation

Question:

• What happens with *n_s* and *r*?

Chameleon field: Short review

Chameleon fields are scalar fields whose coupling to matter is such that its effective mass depends on the local matter density¹.

$$S = S_{inf}[g_{\mu\nu},\varphi] + \int d^4 \sqrt{-g} \mathcal{L}_m(\tilde{g}_{\mu\nu},\psi)$$
(1)

with²

$$\widetilde{g}_{\mu\nu} = F^2(\varphi)g_{\mu\nu}, \qquad F(\varphi) = e^{c\varphi/M_{Pl}}.$$
(2)

If we vary it w.r.t. φ , we get

$$\Box \varphi = -\frac{dV}{d\varphi} - \frac{dF}{d\varphi} \rho_m = -\frac{dV_{\text{eff}}}{d\varphi}.$$
(3)

where

$$V_{\rm eff}(\phi) = V(\phi) + F(\phi)\rho. \tag{4}$$

¹Khoury and Weltman 2004a,b.

²Hinterbichler et al. 2013.

Conformal inflation

Conformal inflation: short review

 $Consider^3$

$$S = \frac{1}{2} \int d^4 x \sqrt{-g} \left[\partial_\mu \chi \partial^\mu \chi - \partial_\mu \phi \partial^\mu \phi + \frac{\chi^2 - \phi^2}{6} R - \frac{\lambda}{18} (\phi^2 - \chi^2)^2 \right].$$
(5)

It is invariant under⁴

$$g_{\mu\nu} \to e^{-2\sigma(x)}g_{\mu\nu}; \quad \chi \to e^{\sigma(x)}\chi, \quad \phi \to e^{\sigma(x)}\phi.$$
 (6)

Fixing the gauge

$$\chi = \sqrt{6}M_{\rm Pl}\cosh\frac{\varphi}{\sqrt{6}M_{\rm Pl}}; \quad \phi = \sqrt{6}M_{\rm Pl}\sinh\frac{\varphi}{\sqrt{6}M_{\rm Pl}}.$$
 (7)

We get

$$S = \int d^4 x \sqrt{-g} \left[\frac{M_{\rm Pl}^2}{2} R - \frac{1}{2} \partial_\mu \varphi \partial^\mu \varphi - \lambda M_{\rm Pl}^4 \right].$$
 (8)

 3Bars, Steinhardt, and Turok 2013; Kallosh and Linde 2013. 4 It is also invariant under global SO(1,1).

To have inflation we deform the SO(1,1) symmetry keeping the local conformal invariance⁵

$$V = \lambda f(\phi/\chi) \left[\phi^2 - g(\phi/\chi)\chi^2\right]^2.$$
(9)

Choosing f(x) = 1 and

$$g(x) = \omega^2 + (1 - \omega^2)x^n$$
, (10)

we can have the Higgs potential at low φ values and inflation when $\varphi \to \infty.$

⁵RC and H. Nastase 2014

At
$$\varphi \to \infty$$
,
 $V(\varphi) \simeq V_0 \left[1 - Be^{-\sqrt{\frac{2}{3}}\frac{\varphi}{M_{\rm Pl}}} \right].$ (11)

which implies

$$1 - n_s \simeq \frac{2}{N_e}$$

$$r \simeq 3(n_s - 1)^2 \simeq \frac{12}{N_e^2}.$$
(12)

For 50 e-folds, $n_s = 0.9600$, while for 60 e-folds $n_s = 0.9667$.

Sweet spot



Attractors

At the time of inflation we have

$$\rho_X = F(\varphi)\rho_m = \frac{F(\varphi)\rho_{m0}a_0^3}{a^3} \propto e^{-3N}F(\varphi).$$
(13)

and radiation scales as

$$\rho_{\rm rad} = \frac{\rho_{\rm rad,0} a_0^4}{a^4} \propto e^{-4N}.$$
 (14)

In terms of $N = \ln a$, the KG becomes

$$H^{2}\frac{d^{2}\varphi}{dN^{2}} + \frac{1}{3M_{\rm Pl}^{2}} \left(\frac{3}{2}\rho_{X} + \rho_{\rm rad} + 3V\right)\frac{d\varphi}{dN} = -\frac{\rho_{X}}{F}\frac{dF}{d\varphi} - \frac{dV}{d\varphi} = -\frac{dV_{\rm eff}}{d\varphi},$$
(15)

Since

$$F(\varphi) = e^{c\varphi} \tag{16}$$

and

$$\rho_X = F(\varphi)\rho_m = \frac{F(\varphi)\rho_{m0}a_0^3}{a^3} \propto e^{-3N}e^{c\varphi}, \qquad (17)$$

If we find $\varphi = \varphi_i + kN$, it implies

$$\rho_{\rm X} \sim \text{const.}$$
(18)

if k = 3/c.

Friedmann and Modified KG equations

Defining

$$\Omega_X \equiv \frac{\rho_X}{3H^2 M_{\rm Pl}^2}; \quad \Omega_{\rm rad} \equiv \frac{\rho_{\rm rad}}{3H^2 M_{\rm Pl}^2}; \quad \Omega_{\rm kin,\varphi} \equiv \frac{\varphi'^2}{6M_{\rm Pl}^2}, \quad \Omega_V \equiv \frac{V}{3H^2 M_{\rm Pl}^2}, \tag{19}$$

The Friedmann equation,

$$\Omega_X + \Omega_{\rm rad} + \Omega_{\rm kin,\varphi} + \Omega_V = 1 , \qquad (20)$$

which implies

$$\frac{d\varphi}{dN} = M_{\rm Pl}\sqrt{6(1 - \Omega_X - \Omega_{\rm rad} - \Omega_V)}.$$
(21)

The nontrivial equation is the KG equation, which becomes

$$\frac{d^2\varphi}{dN^2} + \left(\frac{3}{2}\Omega_X + \Omega_{\rm rad} + 3\Omega_V\right)\frac{d\varphi}{dN} = 3cM_{\rm Pl}\Omega_X - \frac{1}{H^2}\frac{dV}{d\varphi}, \qquad (22)$$

Assuming that $\varphi = \varphi_i + kN$, and ignoring $\Omega_{\it rad}$, implies

$$3\left(\frac{1}{2}\Omega_X + \Omega_V\right)k = 3c\Omega_X - \frac{1}{H^2}V', \qquad (23)$$
$$\frac{k^2}{6} = 1 - \Omega_X - \Omega_V. \qquad (24)$$

Assuming now $V'\sim \tilde{\alpha}V_0$ and ${\it H}^2\sim {\it const.}$ implies

$$\Omega_V \simeq \frac{1}{1 + \frac{\tilde{\alpha}/c}{1 - \frac{3}{2c^2}}} \left(1 + \frac{3}{2c^2} \right).$$
(25)

$$\Omega_V \simeq \frac{1}{1 + \frac{\tilde{\alpha}/c}{1 - \frac{3}{2c^2}}} \left(1 + \frac{3}{2c^2}\right).$$
 (26)

From Friedmann equation

$$\Omega_X = 1 - \Omega_V - \frac{3}{2c^2} \ge 0 \Rightarrow \Omega_V \le 1 - \frac{3}{2c^2}.$$
 (27)

The results above implies

$$\tilde{\alpha} \ge \frac{3}{c}.$$
(28)

Typically

$$\Omega_X \sim 10^{-4}, \quad \Omega_{\rm kin} \sim 10^{-5}, \quad \Omega_V \sim 1 - \Omega_X - \Omega_{\rm kin}. \eqno(29)$$

The numerical solution of

$$\frac{d^{2}\varphi}{dN^{2}} + \left(\frac{3}{2}\Omega_{X} + \Omega_{\rm rad} + 3\Omega_{V}\right)\frac{d\varphi}{dN} = 3cM_{\rm Pl}\Omega_{X} - \frac{1}{H^{2}}\frac{dV}{d\varphi}, \qquad (30)$$

with

$$V(\varphi) \simeq V_0 \left[1 - B e^{-\sqrt{\frac{2}{3}} \frac{\varphi}{M_{\rm Pl}}} \right].$$
(31)

gives, in fact, an attractor.



Figure 1: Attractor is achieved after 20 e-folds.

Caution



- In usual inflation, the perturbations in the canonical scalar φ get mixed with the perturbations in the (scalar part of the) gravitational perturbations, leading to the Mukhanov-Sasaki equation for the combined variable φ_k(η) (η is conformal time).
- We have, on the top of that, fluctuations on the original nonrelativistic particle density at the begining of the phase, $\rho_{m,0}$, as well as in principle fluctuations in the number of e-folds, $N(\eta)$, since $dN(\eta) = da(\eta)/a(\eta)$.
- This is not only more complicated, but also in principle model-dependent, as we need to explain the mechanism of production of $\rho_{m,0}$, that will be tied in with the mechanism for generating perturbations for them.

Cosmological observables

$$egin{aligned} H^2arphi'' + \left(rac{1}{2}
ho_X + V
ight)arphi' &= -rac{d}{darphi}V_{ ext{eff}}(arphi, N) \ , \ & \downarrow \ & H^2arphi'' + V_{ ext{infl}}arphi' &= -rac{d}{darphi}V_{ ext{infl}}(arphi) \ , \end{aligned}$$

• How do we choose $V_{infl}(\varphi)$?

A coarse description

• Solve $H^{2}\varphi'' + \left(\frac{1}{2}\rho_{X} + V\right)\varphi' = -\frac{d}{d\varphi}V_{\text{eff}}(\varphi, N), \quad (32)$ to get $V_{\text{eff}}(N)\Big|_{\text{att}} \equiv f(N).$

• Guess a potential $V_{\mathrm{infl}}(arphi)$ that after solving

$$H^{2}\varphi'' + V_{\text{infl}}\varphi' = -\frac{d}{d\varphi}V_{\text{infl}}(\varphi)$$
(33)

we get $V_{infl}(N) \equiv g(N) = f(N)$.

A coarse description

For



Figure 2: $c_1 = 1.256 \times 10^{-9}$, $c_2 = 0.04357$ and q = 0.9375. The relative is less than 1 percent.

A coarse description

Finally, using

$$\epsilon = \frac{M_{\rm Pl}^2}{2} \left(\frac{V_{\rm infl}'(\varphi)}{V_{\rm infl}(\varphi)} \right)^2, \qquad \eta = M_{\rm Pl}^2 \frac{V_{\rm infl}'(\varphi)}{V_{\rm infl}(\varphi)},\tag{35}$$

and then

$$n_s = -6\epsilon + 2\eta + 1, \qquad r = 16\epsilon. \tag{36}$$

For 50 e-folds we get

$$n_s = 0.9807, \qquad r = 0.049,$$
 (37)

while for 60 e-folds

$$n_s = 0.9829, \quad r = 0.043.$$
 (38)

Final result



Conclusion

- We have investigated the possibility that the inflaton in conformal inflation models is also a chameleon, coupling with some heavy non-relativistic particles present during inflation.
- The chameleon coupling leads to attractor solutions for the energy densities.
- A coarse treatment suggests that the values of the cosmological observables goes from the sweet spot of Planck data to almost out of the allowed region.

Questions?

Consider

$$S(\phi) = c_1 \int d^4 x (\eta^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - c_2 m^2 \phi^2).$$
(39)

In term of the modes,

$$S(\phi) = c_1 \int dt (\dot{\phi}_k^2 - m_k^2 \phi_k^2),$$
 (40)

where $m_k^2 = m^2 + c_2 \vec{k}^2$.

Remember $m_k^2 = m^2 + c_2 \vec{k}^2$.

(i) Normal healthy field has $c_1 = c_2 = 1$. Oscillatory type with usual boundary conditions

$$\ddot{\phi}_k + m_k^2 \phi_k = 0. \tag{41}$$

(ii) Tachyon has $c_1 = 1$ and $c_2 = -1$. For small momenta $m_k^2 < 0$,

$$\ddot{\phi}_k - \omega_k^2 \phi_k = 0, \qquad \omega_k^2 = |m_k^2|.$$
(42)

Exponential solutions. If the particle moves faster than the speed of light we recover normal oscillatory solutions.

Remember $m_k^2 = m^2 + c_2 \vec{k}^2$.

(iii) Massive ghost has $c_1 = -1$ and $c_2 = 1$. It implies negative kinetic energy. Oscillatory equations. Problem arises only when coupled to other healthy fields.

(iv)Tachyonic ghosts has $c_1 = -1$ and $c_2 = -1$. All the problems associated to ghosts and tachyons.